



2024 - 2025 CLASS SCHEDULE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

CAREERS

STUDIO A

STUDIO B

STUDIO A

STUDIO B

STUDIO A

STUDIO B

STUDIO A

STUDIO B

STUDIO A

STUDIO B

STUDIO A

STUDIO B

CURRENTLY
HIRING NEW
INSTRUCTORS.

SERIOUS
APPLICANTS
ONLY.

SUMMIT YOUR
RESUME
DOWN BELOW.

NEW
ZUMBINI
AGES 4YR & UNDER
9:00 - 10:00 AM

NEW
HEALTHY
COACHING
BY APPOINTMENT
9:00 - 10:00 AM

NEW
FUNCTIONAL
TRAINING
10:00 - 10:45 AM

NEW
ZUMBA
10:00 - 11:00 AM

NEW
BELLYDANCE
FUSION
12:00 - 1:00 PM

NEW
MOMMY & ME
DANCE-TOTS
18-36 MTHS
2:30 - 3:00 PM

HIP - HOP
MINIS
4:00 - 4:45 PM

COMBO
BALLET & JAZZ
MINIS
4:45 - 6:15 PM

COMBO
BALLET & JAZZ
JRS &
BEG INTER
6:15 - 7:45 PM

COMBO
BALLET & JAZZ
TEEN &
SENIORS
7:45 - 9:15 PM

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COACHING
BY APPOINTMENT
9:00 - 10:00 AM

NEW
ZUMBA
10:00 - 11:00 AM

NEW
BELLYDANCE
FUSION
12:00 - 1:00 PM

NEW
MOMMY & ME
DANCE-TOTS
18-36 MTHS
2:30 - 3:00 PM

COMBO
PRE-DANCE
4:00 - 5:30 PM

NEW
COMBO
HIP-HOP &
CONTE
JRS & INTER
5:30 - 6:30 PM

NEW
ZUMBATOMIC
AGES 6 - 12
6:30 - 7:30 PM

NEW
ZUMBINI
AGES 4YR & UNDER
9:00 - 10:00 AM

NEW
FUNCTIONAL
TRAINING
10:00 - 10:45 AM

HIP-HOP
MINIS
4:00 - 4:45 PM

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9:00 - 10:00 AM

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AGES 4YR & UNDER
9:00 - 10:00 AM

NEW
FUNCTIONAL
TRAINING
10:00 - 10:45 AM

NEW
COMBO
PRE-DANCE
9:00-10:30 AM

NEW
TUMBLING
LEAPS &
TURNS
MINIS - INTER
10:30 - 12:00 PM

1-ON-1
PRIVATES

BOOK BY
APPOINTMENT

COMPANY
*BY INVITATION
ONLY

1-ON-1
PRIVATES

BOOK BY
APPOINTMENT

NEW MORNING DANCE & FITNESS
CLASSES TO BE ANNOUNCED SOON.
STAY TUNED!

DANCE-TOTS
AGES 18-36
MONTHS

PREDANCE
AGES 3-5
PK3-K

*MUST BE POTTY TRAINED

MINIS
AGES 6 - 8
LEVELS I - III

JUNIORS
AGES 9 - 10
LEVEL IV & V

INTER
AGES 11-12
LEVEL VI & VII

TEENS
AGES 13-15
LEVELS VIII - X

SENIORS
AGES 16-19

PRO-AM
AGES 20+

1 - ON - 1'S BY APPOINTMENT
PRIVATE EVENTS BOOKING AVAILABLE

STAY TUNED, WORKSHOPS & SPECIAL EVENTS MAY NOT
APPEAR ON SCHEDULE.
PLEASE CHECK EVENTS OR CONTACT US TO FIND MORE.

*SCHEDULE SUBJECT TO CHANGES DEPENDING ON
STYLES PREFERRED AND INSTRUCTOR AVAILABILITY

*CONTACT US TO GET ON THE WAITLIST
FOR YOUR FAVORITE STYLE!

